

#### **Build A Strong Fretboard Understanding 5/5**

Print this out and use the following charts to keep track of your progress. Cross off the triads you feel confident with, or keep a tally chart of how often you've practiced each triad. This way, you can manage the number of triads effectively. Alternatively, create your own plan to tackle this. It's just my suggestion...

#### The Triad System (Overview)

#### Simplify the Fretboard

Divide the fretboard into **four string sets**:

- 1. E, B, G strings
- 2. B, G, D strings
- 3. G, D, A strings
- 4. D, A, low E strings

By focusing on one string set at a time, you can easily visualize triads *horizontally* across the fretboard.

#### **Understand the Four Triad Types**

In theory, there are only four triad types:

- 1. Major
- 2. Minor
- **3. Augmented** (major's sibling)
- **4. Diminished** (minor's sibling)

Each triad consists of three notes:

- A root, a third, and a fifth
- Arranged in **three inversions**:
  - o Root position
  - o 1st inversion
  - o 2nd inversion

#### **How to Practice Triads:**

1st Horizontal Practice, 2nd Vertical Practice

Use the **systematic approach** or the **music** related approach.

#### **Systematic Approach**

	Α	В	С	D	D	Е	F	G
Major								
Minor								
Diminished								
Augmented								
			-					
	A#	B#	C#	D#	D#	E#	F#	G#
Major								
Minor								
Diminished								
Augmented								
	Ab	Bb	Cb	Db	Db	Eb	Fb	Gb
Major								
Minor								
Diminished								
Augmented								

#### **Music Related Approach**

	С	Dm	Em	F	G	Am	Bdim
Key: C-Major							

	G	Am	Bm	С	D	Em	F#dim
Key: G-Major							

	D	Em	F#m	G	Α	Bm	C#dim
Key: D-Major							

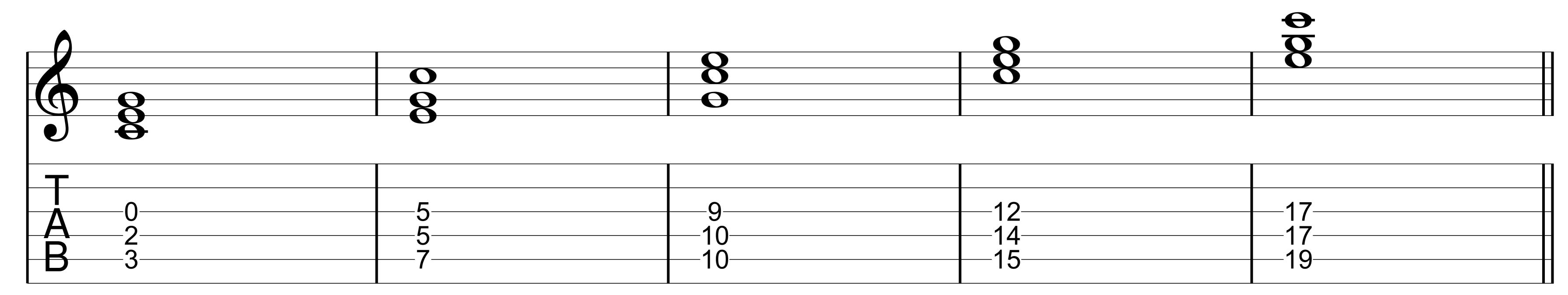
	F	Gm	Am	Bb	С	Dm	Edim
Key: F-Major							

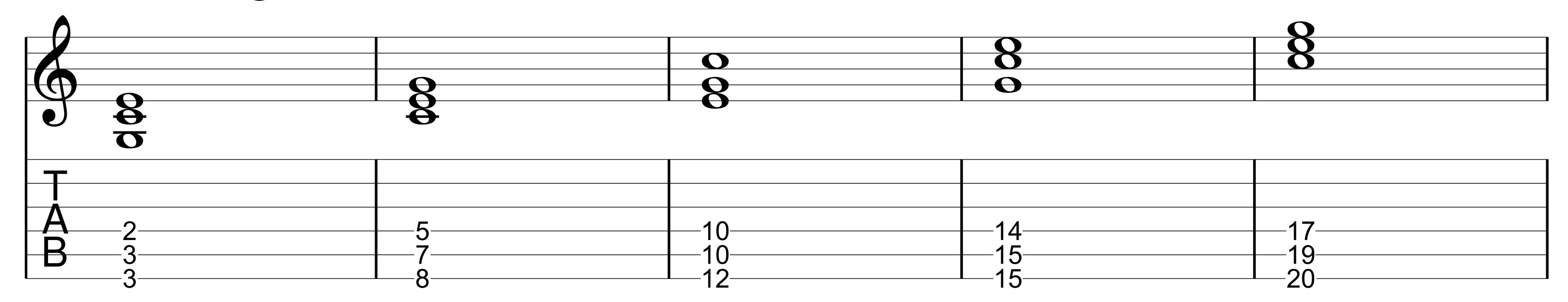
C		<b>O</b>	8	8	
48	8				
40					
	•	0	4 0	<i>1 E</i>	
T 1	<u> </u>	8	12	15————————————————————————————————————	
À	5	9		17	
B					

## 2nd String Set

			<b>O</b>	8	
	2	2			
T 1	<u>5</u>	8 ————————————————————————————————————	13		
<u>A</u>	5	10	14—	17	
B					

## 3rd String Set





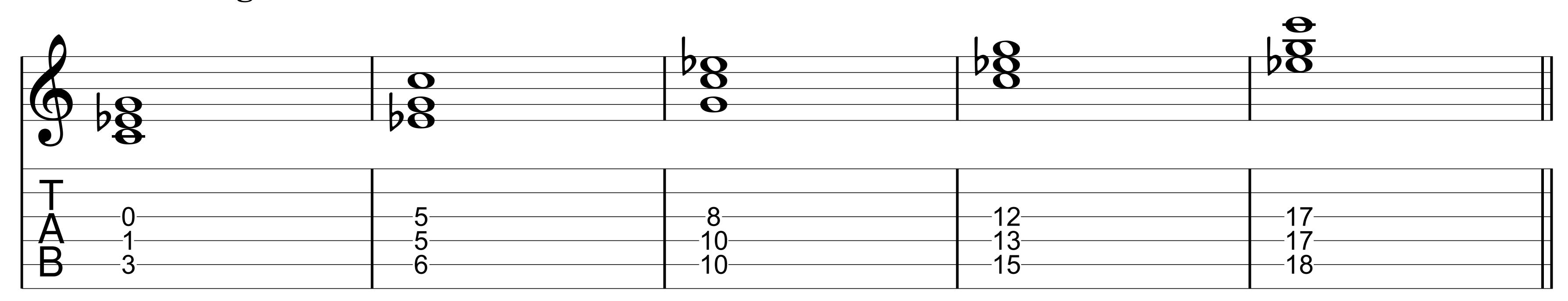
I A		
I-B		

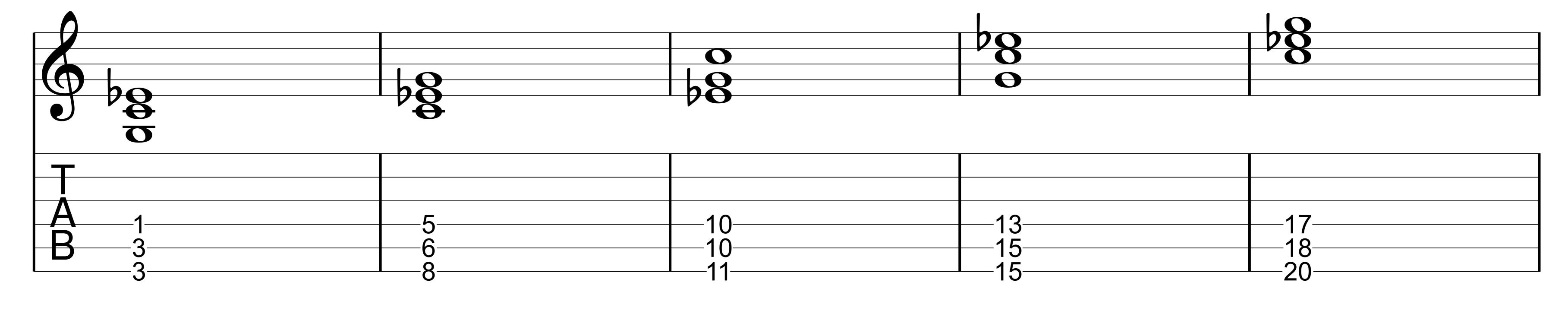
CM		b	<b>\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\</b>	<b>8</b>	
<b>A B S</b>		<b>T</b>			
8					
4					
3	8	11		20	
<u>4</u>	8	13————————————————————————————————————	16 17	20-	
<u>A</u>					
B					

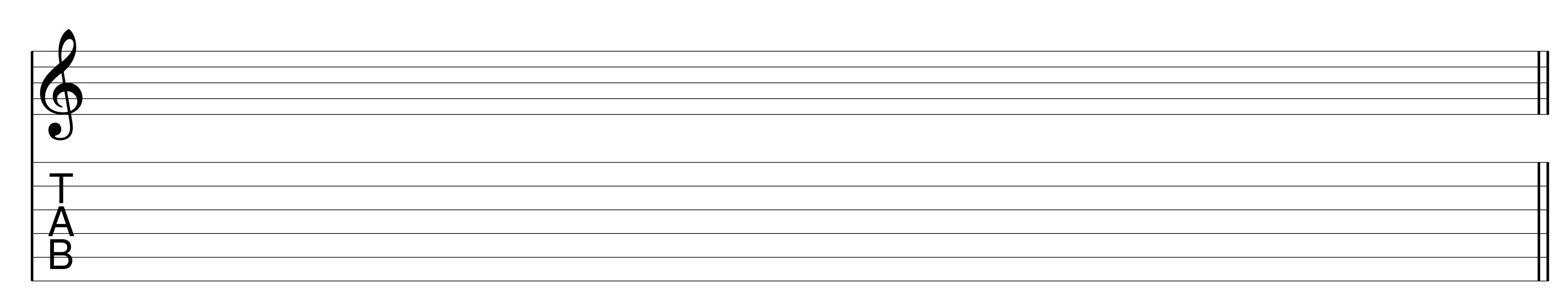
## 2nd String Set

				<b>8</b>	
		108	168		
	Ó	Ó			
	0				
T1	4	8	13	16	
A 1	5 5	8 10	12————————————————————————————————————	1/ 17———————————————————————————————————	
B					

### 3rd String Set







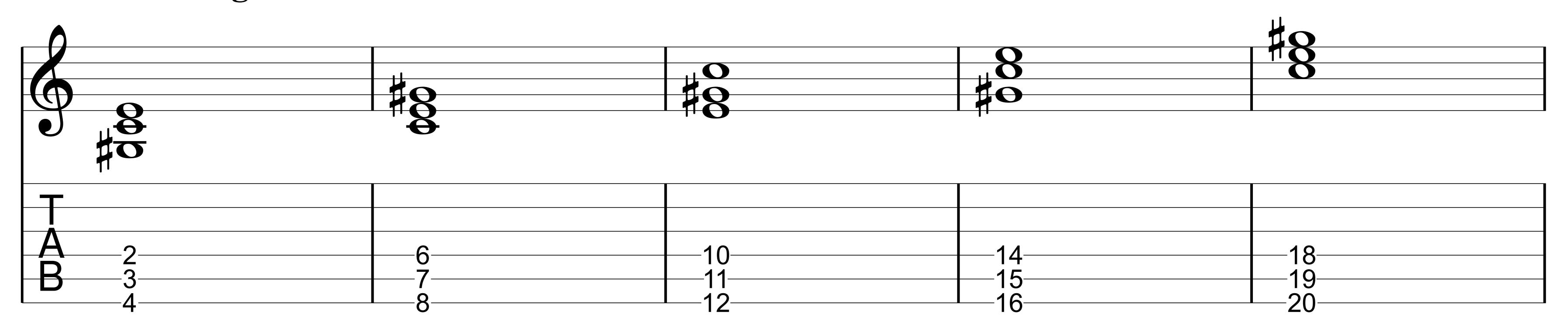
CAUG			48	<b>18</b>	
8	10	178			
0	4	8	12	16	
<u>T</u>	<u> </u>	99	13	17	
<u>A</u> '					

#### 2nd String Set

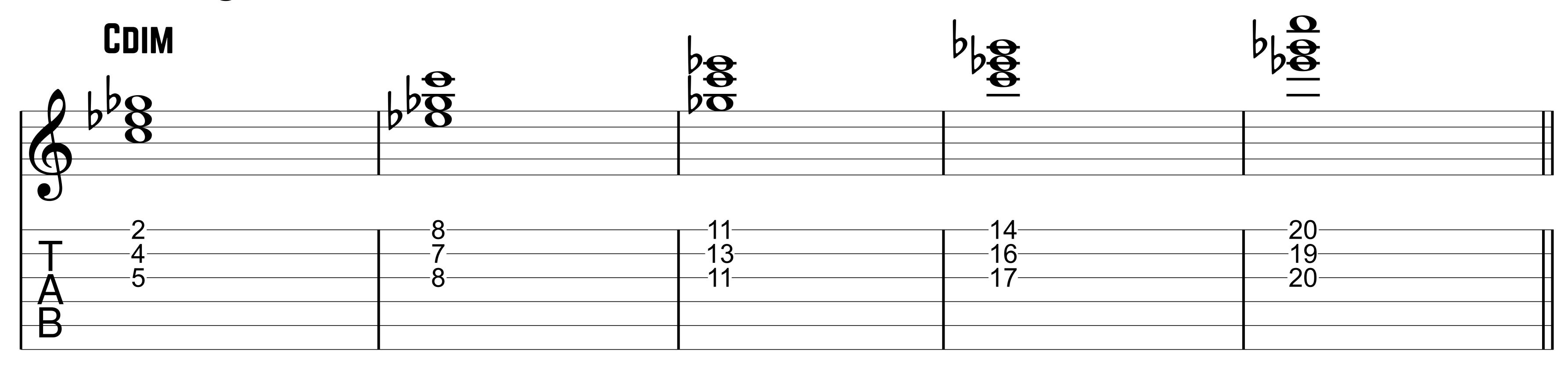
9 #8	8	#8	# <del>8</del>	
T 1 A 1 B	5-6-6	9	13	

#### 3rd String Set

8	8	8	#8	# <del>8</del>	
T A 1 B 3	5 6 7	9	13	17	







### 2nd String Set

### 3rd String Set

